



Download the App for FREE and Register for The Event

OPERATION CHANGING LIVES 7th Annual 5K Run/Walk REGISTRATION FORM



When: November 19, 2016
Where: Ponce Inlet Lighthouse
Event for Entire Family!
8:00 am
T-Shirt & Goodie Bag

NAME: _____

ADDRESS: _____

CITY: _____

STATE: _____ ZIP _____

DATE OF BIRTH: _____ SEX: _____ **AGE ON RACE DAY:** _____

EMAIL: _____

T-SHIRT: S M L XL

SIGNATURE OF GUARDIAN IF UNDER 18.

OR REGISTER ONLINE AT : www.OperationChangingLives.com

Entry Fee: Pre-Registration is **\$30.00**
and the day of race is **\$35.00**

Toys will be collected and will be given to underprivileged children in our community. Last year we were able to provide for over 4,000 elementary children in Volusia County, and our goal is to double that this year!

Registration begins at 6:30am. Race Starts at 8:00am
Parking at the Lighthouse and Lighthouse park.
Race starts and finishes at the Ponce Inlet Lighthouse.

USATF Certified 3.1 mile run

OUR MISSION:

We are changing lives, one face at a time.

Course: 3.1 Mile Run

Age Divisions: SPRINT CHALLENGE 9 and under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-90, 91-94

Awards given to overall top female and male runners and to the top 3 (male and female) in each category.

Packet Pickup: Heavenly Fitness - November 18 Contact Cherise: 386-383-2686
(3616 South Atlantic Avenue, Daytona Beach Shores) between 10am-6pm.

Operation Changing Lives is a non-profit 501(c)(3) medical service organization based in Daytona Beach, Florida, (USA). Founded in 2008.

Contact info: Jen (386) 864-1854 • jennfosa@yahoo.com Cherise Wintz (386)760-2035 or (386)383-2686

Email: Cherises39@yahoo.com

Mail entry to: 3612 S. Atlantic Ave • Daytona Beach Shores, Florida 32118

Make check payable to: Operation Changing Lives.

In consideration for the acceptance of my application to participate in the Operations Changing Lives 5K run/walk. I hereby release and discharge Operation Changing Lives foundation, participation corporations, race sponsors. The Town of Ponce Inlet FL, DOT, and their agents, servants or employees from any and all liability for their own negligence, for damages or injuries that I might receive during my participation, whether due to the acts of third person or otherwise. I attest and verify that I am physically fit and well trained to participate in OCL 5K run/walk on 11/19/2016 I attest and verify that I am informed of the dangers of racing in hot weather. I hereby agree that my name may be given to other race directors to keep informed of running opportunities.

CHERISES SALON

Cherises
HEAVENLY FITNESS

KLS martin L.P.



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Lighting Manufacturer Representatives

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