

# Shape up Ponce Inlet

## POSITIVELY PONCE

### *Cherises Heavenly Fitness*

We will be shaping up the Inlet every Saturday in November.

*Saturday's from  
8:00 am - 9:00 am*

Where  
Friendships  
are made  
& bodies  
are changed!

Cherise's  
Heavenly Fitness

3616 South A1A  
Daytona Beach Shores  
Florida 32118



*We will meet in all the wonderful parks  
that we have been blessed with!!!*

*This is complimentary to the  
residents of Ponce Inlet!*

*Lets gather and Shape Up together!!!*

*Bootcamp, Yoga, Walking, Zumba,  
and more. You will have the time of  
your life! Please share with your  
neighbors and friends of the Inlet.*

*November 5th is the first workout  
meeting at The Lighthouse Park,*

*Davies Park!*

*See You There!!!*

For more info call  
386-383-2686

[www.CherisesHeavenlyFitness.com](http://www.CherisesHeavenlyFitness.com)